



John Q. Cook, M.D.

W H O L E B E A U T Y<sup>®</sup>

**EMERGENCY CONTACT**

**SPOUSE**

\_\_\_\_\_  
FIRST NAME                      LAST NAME

\_\_\_\_\_  
FIRST NAME                      LAST NAME

\_\_\_\_\_  
RELATIONSHIP

\_\_\_\_\_  
SPOUSE\$ EMPLOYER

(\_\_\_\_\_) \_\_\_\_\_  
MOBILE PHONE

(\_\_\_\_\_) \_\_\_\_\_  
SPOUSE\$ MOBILE PHONE

\_\_\_\_\_  
E-MAIL ADDRESS

**EMPLOYMENT INFORMATION**

- FULL TIME     FULL TIME STUDENT     RETIRED     PART TIME     PART TIME STUDENT     OTHER

\_\_\_\_\_  
OCCUPATION                                      COMPANY OR SCHOOL

**INSURANCE INFORMATION**

\_\_\_\_\_  
PRIMARY INSURANCE COMPANY NAME                      NAME OF INSURED

\_\_\_\_\_  
ADDRESS                      CITY                      STATE                      ZIP

(\_\_\_\_\_) \_\_\_\_\_

PHONE                      POLICY #                      GROUP #

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*I authorize **John Q. Cook, MD** to furnish information on conditions he has treated me for to my insurance carrier. I assign to Dr. Cook all payments for medical services rendered by him for me or my dependents. I understand that I am responsible for any amount billed and not covered by my insurance. A photocopy of this authorization and assignment is considered as valid as the original.*

\_\_\_\_\_  
SIGNED (PATIENT OR PARENT IF MINOR)                      DATE

*I hereby authorize **John Q. Cook, M.D.** to release any information acquired in the course of my examination or treatment.*

\_\_\_\_\_  
SIGNED (PATIENT OR PARENT IF MINOR)                      DATE

**MEDICAL HISTORY**

**PATIENT NAME:** \_\_\_\_\_

What type of plastic surgery are you interested in discussing? \_\_\_\_\_

Who referred you to me? \_\_\_\_\_

May I send a thank-you letter to them? \_\_\_\_\_  YES  NO

-Do you know anyone who has undergone the procedure you are interested in? \_\_\_\_\_  YES  NO

-Have you done any reading about the procedure you are interested in? \_\_\_\_\_  YES  NO

-Have you ever had a plastic surgery procedure before? \_\_\_\_\_  YES  NO

*if yes, please describe the type of surgery you had and your experience:* \_\_\_\_\_

\_\_\_\_\_

-Have you ever undergone surgery? \_\_\_\_\_  YES  NO

*If yes, please list previous surgeries and the approximate date:* \_\_\_\_\_

\_\_\_\_\_

-Did you have any unusual experiences after previous surgery, such as bleeding, reactions to medications, prolonged hospitalization or any departure from the expected postoperative course? \_\_\_\_\_  YES  NO

--If you have had previous surgery, did any medications make you nauseated? \_\_\_\_\_  YES  NO

*If yes, please list them.* \_\_\_\_\_

\_\_\_\_\_

-Please list any medications you are currently taking and the reason you are taking them:

\_\_\_\_\_

-Please list any pain medications which work well for you. (Those that relieve pain and do not make you nauseated):

\_\_\_\_\_

\_\_\_\_\_

-Are you allergic to or have a sensitivity to any medication? \_\_\_\_\_  YES  NO

If yes, describe the medication and the type of reaction. Airway obstruction?: \_\_\_\_\_

-Have you ever been diagnosed with sleep apnea?  YES  NO

-Have you ever had an allergy to Latex?  YES  NO

-Did you ever have an unusual reaction to anesthesia?  YES  NO

-Is there a family history of unusual reaction to anesthesia?  YES  NO  
(such as malignant hyperthermia)?  YES  NO

-Do you have a history of nausea from pain medication?  YES  NO

-Do you have any unusual reactions with other medications?  YES  NO

-Do you get lightheaded or faint when giving blood?  YES  NO

-Do you get car sick or motion sickness easily?  YES  NO

-Do you experience lightheadedness after meals?  YES  NO

-Are you apprehensive or nervous about medical procedures?  YES  NO

-Does your dentist have a hard time blocking your nerves for dental procedures,  
where multiple injections are required before you feel numb?  YES  NO

-Do you have any of the following medical conditions or any past history of these conditions?

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- | YES   | NO    |  |
|-------|-------|--|
| _____ | _____ | Arthritis                                |
| _____ | _____ | Asthma or other lung disease             |
| _____ | _____ | Pulmonary Embolism                       |
| _____ | _____ | Autoimmune Disease                       |
| _____ | _____ | Bleeding disorder                        |
| _____ | _____ | Blood Clots in Legs                      |
| _____ | _____ | C.Diff or Antibiotic Associated Diarrhea |
| _____ | _____ | Chest Pain                               |
| _____ | _____ | Diabetes                                 |
| _____ | _____ | Depression                               |
| _____ | _____ | Easy bruising                            |
| _____ | _____ | Heart failure or other heart problems    |
| _____ | _____ | High Blood Pressure                      |
| _____ | _____ | HIV or other immune deficiency           |
| _____ | _____ | Low Blood Sugar                          |
| _____ | _____ | Lupus                                    |
| _____ | _____ | Mitral valve prolapse                    |
| _____ | _____ | Polio                                    |
| _____ | _____ | Rheumatic Fever                          |
| _____ | _____ | Scleroderma                              |
| _____ | _____ | Shortness of breath                      |
| _____ | _____ | Substance abuse                          |
| _____ | _____ | Thyroid disease                          |
| _____ | _____ | TMJ (Temporo-Mandibular Joint)           |
| _____ | _____ | Other Psychiatric Disorders              |

Do you have any other medical conditions which regularly bring you to a doctor? \_\_\_\_\_  YES  NO

If yes, please list them:

\_\_\_\_\_  
\_\_\_\_\_

-Do you smoke cigarettes or have a history of regular smoking in the past year? \_\_\_\_\_  YES  NO

If yes, how many per day? \_\_\_\_\_

-Do you drink alcohol? \_\_\_\_\_  YES  NO

If yes, what is the frequency? (number per day, week or month)? \_\_\_\_\_

-Do you take large doses of any vitamins (especially vitamins A or E)? \_\_\_\_\_  YES  NO

-Have you in the past 12 months taken the drug Acutane or estrogens? \_\_\_\_\_  YES  NO

-Do you have a tendency to form keloids, hypertrophic, thick scars or dark spots around surgical incisions or areas of injury? \_\_\_\_\_  YES  NO

-Do you take aspirin, aspirin-like compounds? \_\_\_\_\_  YES  NO  
(Motrin, Advil, Nuprin, Ibuprofen, Naprosyn, etc.) or aspirin containing preparations \_\_\_\_\_  YES  NO

(Bufferin, Anacin, Excedrin, Dristan, Midol, Empirin, Alka Selzer, Fiorinal, Perdocan)? \_\_\_\_\_  YES  NO  
If yes, please describe how frequently:

\_\_\_\_\_

-Are you currently on or have been on the human chorionic gonadotropin diet or HCG diet \_\_\_\_\_  Yes  No

If you were on this diet..how long ago?

\_\_\_\_\_

-What is your: HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_

-Name of Family Physician or Internist: \_\_\_\_\_

Date of last visit: \_\_\_\_\_

-Name of Obstetrician/Gynecologist: \_\_\_\_\_

Date of last visit: \_\_\_\_\_

-What is your occupation? \_\_\_\_\_

-What are your interests and hobbies? \_\_\_\_\_

\_\_\_\_\_

**To the best of my knowledge the above information is correct. I realize that by giving false information on this questionnaire may adversely affect the care I receive from Dr. Cook.**

\_\_\_\_\_

Signature

\_\_\_\_\_

Date

\_\_\_\_\_

Print Name

\_\_\_\_\_

Date of Birth